

The Ayurvedic Balance Diet Club

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The medical center Ayur Ganesh will help you achieve body balance and show you that ... proper drinking, diet, and lifestyle, as well as various herbal remedies.

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Sep 26, 2014 ... THE AYURVEDA BALANCE DIET CLUB ... How to live & eat as a Pitta body-type (Ayurvedic Dosha) to reduce acid reflex, body heat & pain.

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24 Jun 2007 ... While other guests ate their specially constructed Ayurvedic diets (one girl had ... Ayurveda is based on maintaining the correct balance of the ...

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Maharishi Ayurveda Products International. 800.255.8332 and irritability. Following a Pitta-pacifying diet can help keep this fiery element in balance.

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